

Steamer Virginia V Drug and Alcohol Policy addendum

PROCEDURES

CURRENT AS OF 6-24-22

Refer to [this link](#) for details of current USCG rules.

1. Designated Employee Representative (DER) 49 CFR 40.3: DEBRA ALDERMAN debra@virginiav.org . She can be reached 24/7 via cell phone: 206-898-4377.
2. A copy of the company's drug and alcohol policy are aboard. 46 CFR 16.401
3. Employee Assistance Program (EAP) 46 CFR 16.401:

EAP education program:

- Hot-line telephone number for substance abuse assistance - Washington Recovery Help Line: 1-866-789-1511 or visit: <http://www.warecoveryhelpline.org/> This information is posted in a common space on board the vessel.
- Our policy regarding drug and alcohol use in the workplace is in a binder on board the ship and has been distributed electronically to the crew.

EAP Training Program

Supervisory and general crew member drug awareness training has been conducted (46 CFR 16.401) . It is accomplished by presenting, within our printed drug and alcohol policy, the effects and consequences of drug and alcohol use on personal health, safety, and work environment; the manifestations and behavioral cues that may indicate drug and alcohol use and abuse. Supervisors receive their minimum 60 minutes of training with emphasis on compliance with federal regulations.

4. Testing:

Per 46 CFR 16.210: All our crew members in safety sensitive positions undergo pre-employment testing prior to being enrolled in our random testing program.

All of our crew members in safety sensitive positions are in a random drug testing pool administered by a third-party organization, Drug Free Business. 46 CFR 16.230. We have arrangements made to have them tested at local collection sites and the test results are sent to Drug Free Business.

NOTE: Crewmembers will not be given any advance notice when they will be sent for random drug testing. We will either arrange for them to be given a same-day notice for a walk-in collection site or we will arrange for on-site testing to be conducted by the Arcpoint Labs onsite testing services at the ship on the day a crewmember is scheduled for a shift.

5. Serious Marine Incidents:

Alcohol testing:

The marine employer is responsible for having the alcohol testing completed within 2 hours following a serious marine incident; if there are safety concerns to be met, then testing may be delayed until the safety concerns have been addressed. No testing is required after 8 hours for alcohol. Beverages containing alcohol, including mouthwashes, are not permitted to be used until after the alcohol testing has been completed.

Drug Testing: Drug testing must be completed within 32 hours following a serious marine incident;

Where to go or how to get drug and alcohol testing accomplished in the event of a Serious Marine Incident
(2hr testing for alcohol; 32 hr testing for drugs) 46 CFR 4.06
(*for definition of “Serious Marine Incident” see below).

All crew must report any incidents to the Captain immediately. Even if there is a question about whether the situation comes under the above definition of Serious Marine Incident, the Captain must contact the DER (Debra Alderman) regarding taking steps to test the appropriate personnel.

Personnel to be tested are **those who negligence cannot be discounted as contributing to the accident**. This is a determination to be made by the marine employer. A law enforcement person may require additional vessel personnel to be tested.

If testing is required during the open hours of local labs that can conduct both the drug screening and the alcohol testing (including breath testing), the crew members will be sent to have their testing done at one of the following sites listed below.

If the incident and the need for alcohol testing occurs at night or on the weekend when those collection sites are not open, the following procedures will be followed:

- An onboard alcohol saliva screening will be conducted (using an Alcohol Screen Device product on the [Conforming Product List](#)) and used according to the manufacturer’s instructions. We have purchased a package of Alco-Screen 02 Saliva Alcohol Test (24 Kits) in late April 2022 and their **expiration date is: 3/31/23**. These are kept on board in the wheelhouse. After the tests are done on board, the test swabs must be labeled and properly stored and the testing time and other details documented.
- If the onboard alcohol saliva test is negative, the crewmember will be sent for drug testing as soon as possible but no more than 32 hours following a serious marine incident. See locations below. If they can get in before the 32 hour limit to a collection site, give them instructions and a Quest chain of custody form and make sure they go for testing.
- **If the alcohol saliva test is positive, the Captain will contact Arcpoint Labs onsite testing services. Their 24-hour onsite testing phone number is: 425.301.1900.** Their testers will come to the ship and provide an alcohol breath test and can also provide drug testing for any crew that need to be tested (see information about who should be tested in these situations, above).

Reasonable Suspicion situation: If there is reasonable suspicion that a crewmember, while in a safety sensitive position, is impaired, the crewmember must undergo an alcohol test. Saliva test strips are on board. If the person fails the test they need to be taken to a testing site and have a breath alcohol test done. (use Quest chain of custody form and check “other” and specify alcohol test). They should not drive themselves to the collection site. No one who appears impaired may continue in a safety sensitive position for at least 24 hours.

Serious Marine Incident Testing Facilities:

For alcohol breath tests (and drug testing), the following collection sites and their hours are listed below:

The crew member to be tested should be given a Quest Chain of Custody form to take to the collection center (these are also located in wheel house). Make sure to check the appropriate boxes for the appropriate tests and authority. A sample is located with the blank forms.)

Options for collection sites that can do walk-in alcohol breath tests and drug tests for crew involved in a serious marine incident:

ARCpoint Labs

8:30 a.m. – 3:30 p.m. at their three collection site locations:

Seattle: 4636 E Marginal Way S, Ste B250, 98134 | 206.455.8970 | arcpointlabs.com/seattle

Renton: 4300 Talbot Road S, Ste 200, 98055 | 425.264.5251 | arcpointlabs.com/renton

Tacoma: 1818 S Union Ave, Ste 2A, 98405 | 253.240.4550 | arcpointlabs.com/tacoma

Drug Free Business

18912 N Creek Pkwy, Ste 202, Bothell, WA, 98011

Phone: [425-488-9755](tel:425-488-9755) info@drugfreebusiness.org

LabCorp, Alcohol Testing, Quest, PAML, CRL, SNAP

Currently their hours are Monday – Friday, 7 a.m. – 3 p.m.

They are technically operating by appointment only but if we call them, since we are a client organization, give them our Account number: 210990 and let them know we really need to get the crew members tested post accident and they’ll do their best to squeeze them in. They should bring a Quest labs chain of custody form with them.

Additional sites that can do both drug and alcohol breath testing:

Priority Testing Services

6642 S. 193rd Pl, N-107, Kent, 98032

Phone: 253-333-8829

Hours: M-F 9 a.m. – 6 p.m. Walk in clinic only. No appointments.

prioritytesting@gmail.com

Short wait times, typically. If coming at the end of the day, call to let them know you’re on your way and they might be able to stay open for you in an emergency. Crewmember should bring a Quest labs chain of custody form with them.

Any Lab Test Now

1205 SE Everett Mall Way, Everett, WA 98208-2815

Phone: 425-348-7673

Drug Screen Hours M-F 9:15 am-5:00 pm

BAT only M-Thurs 9:15-3:30 APPOINTMENT REQUIRED FOR ALL COLLECTIONS

Crewmember should bring a Quest labs chain of custody form with them.

Alliance 2020

304 Main Ave. South, Suite 101, Renton, WA 98057-2758

Phone 800-289-8065

Drug Screen Hours M-F 8:00 am-4:00 pm

Crewmember should bring a Quest labs chain of custody form with them.

Multicare Occupational Medicine sites

Sites closest to Seattle:

MultiCare Occupational Medicine – Burien – call before going and let them know this is a post accident test.

15500 1st Ave S, Suite 106, Burien, WA 98148

Phone: 206-242-0855

8am - 4:30pm, Monday – Friday

Crewmember should bring a Quest labs chain of custody form with them.

Note: MultiCare Occupational Medicine is closed in observance during the following holidays: New Years Day, Presidents Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Day after Thanksgiving & Christmas. Early closure (3pm) on Christmas Eve. If Christmas or New Years Day fall on a weekend, we are closed the Monday after the holiday. See full list at this website including locations in Tacoma, South King County, Poulsbo and Olympia: <https://www.multicare.org/occupational-medicine-locations/>

Other locations include:

Fife, Tacoma (two locations), Kent, Lakewood, Olympia, Puyallup.

***§ 4.03-2 Serious marine incident.**

The term *serious marine incident* includes the following events involving a vessel in commercial service:

(a) Any marine casualty or accident as defined in § 4.03-1 which is required by § 4.05-1 to be reported to the Coast Guard and which results in any of the following:

- (1) One or more deaths;
- (2) An injury to a crewmember, passenger, or other person which requires professional medical treatment beyond first aid, and, in the case of a person employed on board a vessel in commercial service, which renders the individual unfit to perform routine vessel duties;
- (3) Damage to property, as defined in § 4.05-1(a)(7) of this part, in excess of \$200,000;
- (4) Actual or constructive total loss of any vessel subject to inspection under 46 U.S.C. 3301; or

(5) Actual or constructive total loss of any self-propelled vessel, not subject to inspection under [46 U.S.C. 3301](#), of 100 gross tons or more.

(b) A discharge of oil of 10,000 gallons or more into the navigable waters of the United States, as defined in [33 U.S.C. 1321](#), whether or not resulting from a marine casualty.

(c) A discharge of a reportable quantity of a hazardous substance into the navigable waters of the United States, or a release of a reportable quantity of a hazardous substance into the environment of the United States, whether or not resulting from a marine casualty.

[CGD 86-067, [53 FR 47077](#), Nov. 21, 1988, as amended by CGD 97-057, [62 FR 51041](#), Sept. 30, 1997; USCG-2016-0748, [83 FR 11902](#), Mar. 19, 2018]

All crew must report any incidents to the Captain immediately. Even if there is a question about whether the situation comes under the above definition of Serious Marine Incident, the Captain must contact the DER regarding taking steps to test the appropriate personnel.

Debra Alderman, DER, can be reached 24/7 via cell phone: 206-898-4377